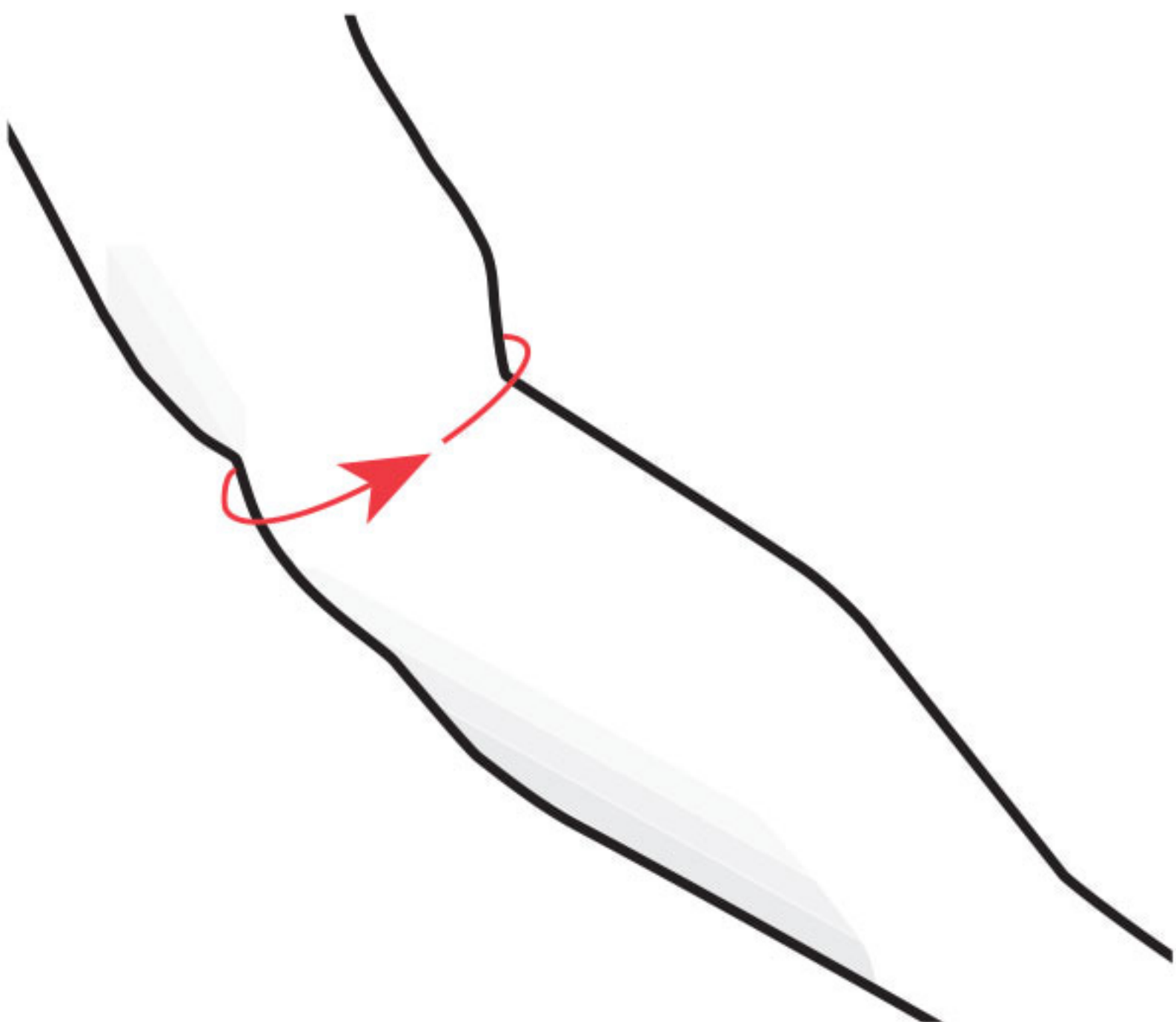


Measure around elbow joint with arm extended



SIZE	MEASUREMENT	
SM	9-10 1/4"	23-26cm
MED	10 1/2-11 3/4"	27-30cm
LRG	12-13 3/4"	31-35cm
XL	14-15 3/4"	36-40cm
2XL	16-17 3/4"	41-45cm

Your Thermal Vent Support should be a snug and comfortable fit. Not too tight, not too loose. If in doubt, try next larger size.